



## **What is a Firearm Life Plan?**

A Firearm Life Plan is a voluntary, personal guide for what a firearm owner wants to happen to their firearms if they are no longer able to use them safely, or upon death. It is a way to take responsibility and create an action plan to prepare for all situations. This plan is individualized and will look different for different people.

## **How do I know if I need a Firearm Life Plan?**

Being prepared is an important aspect of responsible firearm ownership. All firearm owners should make a Firearm Life Plan to be prepared for whatever happens in the future.

## **Do older adults need to give up their firearms?**

No. Age is not a determining factor in your ability to own and use firearms. Rather, it depends on an individual's physical and mental health, which can be impacted at any age and by the aging process. Being a responsible firearm owner means making tough calls, like reassessing your risks, understanding your needs, and making plans for the future – even for things we hope do not happen.

## **How does someone know it's time to consider making changes about how they use firearms?**

Physical and mental changes, as well as changes in life circumstances, can affect safe firearm handling. See [Warning Signs](#) to read about some of the signs that may signal it is time to consider making changes about how you or a loved one may use or operate firearms.

## **What are some ways to begin the conversation about a Firearm Life Plan?**

See [Conversation Starters](#) for more information.

## **What are options for what can be done with my firearms?**

There are many options that may work for different people and may apply to different firearms based on their personal or financial value. Some options including selling, donating, or disabling firearms. See [HERE](#) for resources on what to do with firearms. Check applicable laws regulating firearm transfers and if uncertain, check with a firearm retailer.